

# HCBS Habilitation Workgroup Update

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#### **HCBS** Habilitation Workgroup Goals

The goals of the workgroup include:

- the identification of a functional assessment tool for 1915(i) HCBS
   Habilitation program needs-based eligibility determination that derives an acuity score,
- reviewing and amending the risk based and needs based criteria for 1915(i)
   HCBS Habilitation program eligibility to more clearly define the eligible population,
- reviewing the Home-Based Habilitation Tiers to align with the newly identified functional assessment tool acuity scoring,
- amending the 1915(i) State Plan Amendment (SPA),
- reviewing and amending the Habilitation administrative rules to align with SPA,
- adding the Individual and Placement and Support (IPS) Supported Employment Evidenced Based Practice Model
- developing a unified training presentation targeted at Habilitation providers and Integrated Health Home (IHH) Care Coordinators and Communitybased Case Managers to assist with implementation of the changes to the Habilitation Program



#### Assessment Tools Under Review

- The Adult Needs and Strengths Assessment (ANSA)
- The Level of Care Utilization Scale (LOCUS)
- The Daily Living Activities-20 (DLA-20)



# Implementation Target Dates

- The goal is to have the draft SPA and admin rules out for public comment and tribal notice by September 30, 2020
- The goal is to have a CMS approved SPA and adopted Administrative Rules implemented January 1, 2021





# Health Home Learning Collaborative

interRAI
Community Mental Health (CMH)
Assessment & Children and Youth
Mental Health (ChYMH) Assessment

July 17, 2020

# This training is a collaborative effort between the Managed Care Organizations and Iowa Medicaid Enterprise

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### **AGENDA**

1.	Introductions	
2.	Habilitation Workgroup Update	LeAnn Moskowitz, IME
3.	interRAI Community Mental Health (CMH) Assessment & Childr Mental Health (ChYMH) Assessment	
4.	Health Home Case Study or Health Home Spotlight	•
5.	Open Discussion	All

#### Coming up:

- September 21, 2019 Person Centered Philosophy
- October 14, 2020 Virtual Event
- November 16, 2020 2021 Performance Measures



# Logistics

- Mute your line
- Do not put us on hold
- We expect attendance and engagement.
- Type questions in the chat as you think of them, we will address them at the end.



# Health Home Updates

- Enrollment
  - Adult
  - Child



### Overview

- Core standardized assessments (CSAs)
- interRAI Manual ebooks
  - Available online for purchase by provider
- interRAI Manual
  - [Part I]: Assessment process
  - [Part II]: Item-by-item guide





# Core Standardized Assessments (CSAs)

- CSAs improve efficiency, consistency and fairness in eligibility determination and assessments for LTSS.
- They must include a uniform process for:
  - Determining eligibility for Medicaid-funded LTSS.
  - Identifying individual support needs.
  - Informing members of their service and support planning (e.g., plans of care).



### interRAI Assessments

- Proprietary tool developed by interRAI, an international consortium devoted to improving care for medically complex and disabled persons.
- Several different versions, utilized across multiple waivers.



# CSAs (cont.)

Waiver/Serivce Title	Age	DHS Designated Assessment Tool
Children's Mental Health	0-3	CM Comprehensive Assessment
	4-18	interRAI-Child and Youth Mental Health (ChYMH)
	12-18	interRAI-Adolescent Supplement (in addition to ChYMH)
Habilitation Services	16-18	interRAI-Child and Youth Mental Health (ChYMH)
	19+	interRAI-Community Mental Health (CMH)



# interRAI Adolescent Supplement

For the Children's Mental Health Waiver, the interRAI Adolescent Supplement is required to be used in addition to the ChYMH assessment for individuals age 12-18.

Of note however, it is the intent of the publishers that the *interRAI* Adolescent Supplement should be completed for youth [12 years of age and older as well as children 11 years of age and younger] whose behavior reflects that which is common in adolescence.





### Assessment administration

- Assessments are designed to be used by mental health professionals (i.e., nurses and case managers).
- Provider agencies are responsible for implementing a quality assurance system to ensure the accuracy of assessments.
  - For more information, see page [2 of both] manuals.

interRAI CMH:	interRAI ChYMH		
<ul><li>Materials:</li><li>[10-page] assessment</li><li>Manual</li></ul>	<ul><li>Materials:</li><li>[12-page] assessment</li><li>Manual</li></ul>		



### Assessment administration

#### Quality assurance system

(page 2 of both manuals)

- The assessment is designed for use by mental health professionals such as nurses, social workers, case managers, psychiatrists, psychologists, family physicians, and recreational and occupational therapists. With appropriate training, however, individuals without a clinical background can generally perform an accurate assessment. While there are no requirements regarding who performs the assessment, the provider agency is responsible for implementing a quality assurance system to ensure the accuracy of assessments.
- The assessment consists of items and definitions. It should be used as a guide to structure the clinical assessment.
- The assessment process requires communication with the young person and the primary support individual (parent, guardian, or other caregiver), observation of the young person, communication with other members of the clinical team, and review of medical records and other available documents. Where



# Obtaining the assessment tool

Both Amerigroup and Iowa Total Care

- Providers to receive license to print
- Password encrypted.



# interRAI Manual — Part I: Assessment process

#### The assessment process includes:

- Observing the member.
- Communicating with clinical team members.
- Communicating with members and primary support partners (if available).
- Reviewing medical records and available documents.
  - When possible, the member should be the primary source of information.



# interRAI Manual — Part I: Assessment process (cont.)

#### **About the assessment:**

- The assessment form is a standardized tool.
- Items flow in a reasonable sequence.
- The form should add supplemental information to the overall assessment process as judged necessary:
  - Social history
  - Psychological evaluation



# interRAI Manual — Part I: Assessment process

## About the assessment: (CONt.)

- A standard [three-day] observation period should be used for the assessment unless specified on a particular question.
- All questions should be answered; no items should be left blank.
- For scales as well as status and outcome measures, visit [http://www.interrai.org/index.php?id=106].
- Assessments should be completed annually or when there is a significant change in the member's status.
- Assessment results are valid for [one year].
- Assessments should be signed and dated by the member (or member's guardian if applicable) to indicate the member was part of the assessment process.



# interRAI Manual — Part II: Item-by-item guide

Part II of the *interRAI Manual* presents the following types of information:

- Intent reason for including the item in the assessment
- Definition explanation of key terms
- Process sources of information and methods for determining the correct response for an item
- Coding proper method of recording the response for each item and explanations of individual response options



# interRAI Manual — Part II: Item-by-item guide (cont.)

- The slides that follow provide highlights from the assessment user manuals.
  - Note, this presentation does not take the place of reading/utilizing the user manual(s).
  - For full details, please refer to the user manual(s).
- Except where noted, information provided is the same for both assessments.



### CMH sections

A.	Identification information	K.	Stress and trauma
B.	Intake and initial history	L.	Medications
C.	Mental status	М.	Service utilization and treatments
D.	Substance use or excessive behavior	N.	Nutritional status
E.	Harm to self or others	Ο.	Social relations
F.	Behavior	P.	Employment, education and finances
G.	Cognition	Q.	Environmental assessments
Н.	Functional status	R.	Diagnostic information
1.	Communication and vision	S.	Discharge
J.	Health conditions		



### ChYMH sections

The *ChYMH* includes the sections identified on the previous slide as well as:

- Strengths and resilience.
- Cognition and executive functioning.
- Hearing, vision and motor.



# Section [A]: Identification information

#### Process and coding:

- Health care number = state ID number
- Case record number = [0]
- Province or territory = [0]
- Current payment sources = [0]





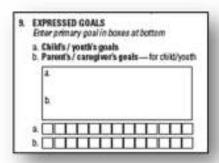
# Section [A]: Identification information (cont.)

# Process and coding:

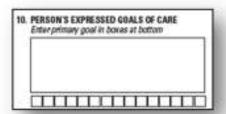
For the *Expressed Goals of Care* field:

- Use the large box to record the person's verbatim response:
  - Improve my functioning,
     better health, improve my relationships
  - If the person is unable to articulate their goals, enter none.
- Use the single line of boxes underneath to record the person's primary goal of care.

#### **CMH**



#### **ChYMH**





# Section [B]: Intake and initial history

For CMH, complete Section [B] at admission/[first] assessment only.

#### Intent:

Collect the member's:

- Origin.
- Primary language see manual appendix for codes.
- Parental and developmental history (for ChYMH only).



### Section [C]: Mental status

#### Intent:

An assessment of the member's mental status provides information about his/her qualify of life, responsiveness and adherence to treatment regimens, and resource requirements.





### Section [C]: Mental status (cont.)

# Process and coding:

- Provide a summary of the indicators observed in the last [three days] including information about the severity of the member's condition.
- Mental state indicators may be expressed verbally through direct statements.
- Nonverbal indicators and behaviors can be monitored by observing the member during usual daily routines.
- Be aware of cultural differences in how these indicators may be manifested.



## Section [C]: Mental status (cont.)

# Process and coding (cont.):

- For the Degree of insight field (CMH only):
  - Ask the member about his/her view of the present situation.
  - Determine if the member recognizes that a problem even exists.
- For the Self-reported mood field (CMH only):
  - Use only the member's responses to rate the questions.



# Section [D]: Substance use or excessive behavior — CMH

#### Process and coding:

- Ask the member if he/she drinks alcoholic beverages.
  - If the member answers yes, ask What is the highest number of alcoholic beverages you consumed during a single episode in the last 14 days?
    - Consultation with family or friends may be necessary.
    - If there is a discrepancy in the reported amount, use clinical judgement to code this item.



# Section [D]: Substance use or excessive behavior — CMH (cont.)

# Process and coding (cont.):

- Discussions about substance-related problems can be introduced to the member by conveying how important it is to care planning and treatment.
- Information about substance use can cause uneasy feelings for the assessor.
  - Care must be taken to acknowledge these feelings.
  - Ask how the member feels about his/her drinking/drug use.
  - Ask member if others disapprove of his/her use.
    - If so, determine how this disapproval makes the member feel.



# Section [D]: Substance use or excessive behavior — ChYMH

#### Process and coding:

- When possible, directly ask the member simple and nonjudgmental questions:
  - Are there people in your life who drink or get high a lot?
  - Do feel pressured to drink or get high?
- Be sure to discuss any problems with video gaming and internet use in the last [90] days.



## Section [E]: Harm to self or others

Intent:	For those who are at risk of engaging in self-harm and/or hurting others, it is critical that care planning immediately focus on interventions that address safety and prevention.
Process and coding:	Information for items in this section may be obtained through family members, therapists, self-reporting, clinical records, arrest records and other judicial proceeding records.



# Section [F]: Behavior

Intent:	This section is meant to capture an objective view of member behavior symptoms — not the intent of member actions.	
Process and coding:	<ul> <li>Observe the member — taking note of how he/she reacts to others.</li> <li>For ChYMH, behaviors should only be noted if observed in the last [three days] or are known to be a current issue.</li> <li>While the member is not in the room, ask those who provide direct care or support if they can identify the member's behavior throughout the last [three days and nights].</li> </ul>	



# Section [G]: Cognition

Intent:	This section is meant to determine if the member is actively making decisions on how to manage tasks — NOT if others believe the member is capable of making those decisions.
Process and coding:	<ul> <li>Cognitive skills for daily decision-making requires you to:</li> <li>Identify the lack of a member's ability or opportunity to participate in decision-making.</li> <li>Determine if others simply don't agree with the member's decision.</li> <li>A member's active involvement in making decisions is not considered an impairment.</li> </ul>



### Section [G]: Cognition (cont.)

### Process and coding (cont.):

- Regarding the assessment of the *Memory/recall* ability field, see page [61] of the *CMH* manual and page [67] of the *ChYMH* manual for examples of a structured approach to assess short-term memory.
- For evaluation of the *Periodic disordered thinking* or awareness field (for *CMH*):
  - Frequent delirium (an acute confused state)
     means the condition is caused by a treatable illness.
  - Code for the member's behavior in the last [three days].



### Section [H]: Functional status

Intent:	Mental illness can compromise a member's ability to perform activities of daily living (ADLs) and instrumental activities of daily living (IADLs).
Process and coding:	Question the member directly about his/her level of involvement in IADLs around the home or in the community in the last three days and his/her capacity to perform these activities.  • For <i>ChYMH</i> , evaluate involvement in the last [seven] days.



# Section [H]: Functional status (cont.)

Process and coding (cont.):

For the *Physical function improvement* potential field:

- If appropriate, ask about the member's goals for the next few months.
- Does the member think he/she could be more independent or improve in any area of physical functioning?



## Section [H]: Functional status (cont.)

CMH ChYMH

#### **SECTION H. Functional Status** 1. IADL SELF-PERFORMANCE AND CAPACITY Code for PERFORMANCE in routine activities around the home or in the community during the LAST 3 DAYS Code for CAPACITY based on presumed ability to carry out activity as independently as possible. This will require "speculation" by the 30229228 0 Independent—No help, set-up, or supervision. 1 Set-up help only 2 Supervision—Oversight / cueing 3 Limited assistance—Help on some occasions 4 Extensive assistance-Help throughout task, but performs 50% or more of task on own 5 Maximal assistance—Help throughout task, but performs less than 50% of task on own 6 Total dependence-Full performance by others during entire 8 Activity did no occur—During entire period [DO NOT USE THIS CODE IN SCORING CAPACITY] Meal preparation—How meals are prepared (e.g., planning meals, assembling ingredients, cooking, setting out food and utensits)

5	ECTION I. Independence in Daily Activities
1,	tADL SELF-PERFORMANCE AND CAPACITY  Code for PERFORMANCE in routine activities around the home or in the community during the LAST 7 DAYS
	Code for CAPACITY based on presumed ability to carry out activity as independently as possible. This will require "speculation" by the assessor.
	Independent — No help, set-up, or supervision     Set-up help only     Supervision — Oversight / cuang     Limited assistance — Help on some occasions     Extensive assistance — Help throughout tack, but performs 50% or more of tack or own
	5 Maximal assistance — Help throughout task, but performs less than 50% of task on own
	<ol> <li>Total dependence — Full performance by others during entire period</li> </ol>
	8 Activity did not occur — During entire period (I/O NOT USE THIS CODE IN SCORING CAPACITY)
	P-Performance C-Capacity P C
	Ordinary housework — How ordinary work around the house is performed in a choice such as doing dishes, making bod, sidning up.



## Section [I]: Communication and vision

Intent:	<ul> <li>Difficulties in communicating with others can be isolating:</li> <li>Making it difficult for him/her to provide information about his/her physical or psychological state or condition.</li> <li>Interfering with his/her understanding of instructions.</li> </ul>
Process and coding:	Interact with the member; observe and listen to his/her efforts to communicate with you.



#### Section [J]: Health conditions

### Process and coding:

- Ask the member, *In general, how do you rate the condition of your health?*
- Regarding fatigue, ask the member if he/she has felt tired lately.
  - If fatigue has been absent over the last [three days] but may have been present if the member had engaged in activity, code according to the activity level that would normally have caused the member to become fatigued.



# Section [J]: Health conditions (cont.)

### Process and coding (cont.):

- There are no objective markers or tests to indicate when someone is having pain or to measure its severity.
- Be sure to inquire about extrapyramidal symptoms (side effects commonly seen when administered with a neuroleptic medication [an antipsychotic]).



### Section [K]: Stress and trauma

Intent:	This section is used to assess the potential of post-traumatic stress disorder.
Definition:	Life events are objective experiences that will enhance, disrupt or threaten to disrupt a person's current daily routine and impose some degree of readjustment.



# Section [K]: Stress and trauma (cont.)

## Process and coding:

- If the member acknowledges experiencing one or more negative life events, ask how he/she is dealing with the memories of these events.
- The member (or their care supports)
  may describe intense fear or horror
  as a result of these experiences.

#### Section [L]: Medications



## Process and coding:

- Document all medications
   (prescribed, nonprescribed and over-the-counter) the member has taken in the last [three days].
- Record any prescribed medication that may not have been taken in the last [three days] but is a part of the member's regular medication regimen (i.e., [monthly B-12] injections).
- Only count medications that were actually taken by the member in the last [three days].

### Section [L]: Medications (cont.)

## Process and coding (cont.):

Regarding adherence to medication regimen:

- Ask the member if he/she missed taking any prescribed medications over the last [three days].
- Ask family members if they administer medication to the member.
- Check the member's response with available medication.
- Code for adherence during the last [three days].





### Section [L]: Medications (cont.)

## Process and coding (cont.):

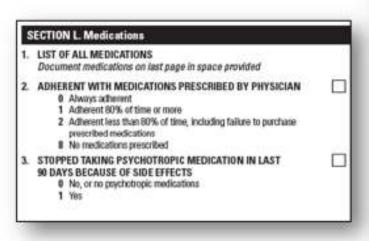
Note if the member stopped taking psychotropic medication in the last [90 days] due to side effects.

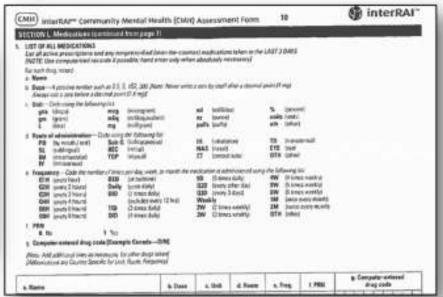
- If the member has experienced side effects in the past, chances are he/she will experience them again.
- It is critical to determine if an unwanted side effect is the reason why the member stopped taking the medication (as opposed to general noncompliance, like forgetfulness).



### Section [L]: Medications (cont.)

#### **CMH**







## Section [M]: Service utilization and treatments

## Process and coding:

- See pages 107-112 of the CMH manual, and pages 126-128 of the ChYMH manual for specific definitions — for example:
  - Other mental health staff = addiction counselor, rehabilitation counselor or dietitian
  - Complimentary therapy or treatment = such as aromatherapy, acupuncture or massage
- ChYMH Dental exam in last year and immunizations up-to-date



### Section [N]: Nutritional status

Intent:	A member's nutritional status can be compromised by mental illness as well as somatic issues. This section will identify early detection of nutritional problems and provide baseline information for care planning.	
Purpose and coding:	<ul> <li>Be sure to capture the member's height and weight.</li> <li>For CMH, use actual records of weight, if available.</li> <li>A subjective estimate of weight change can be used if written records are not available.</li> </ul>	



## Section [O]: Social relations — CMH

Intent:	<ul> <li>This section provides an overview of the member's support network and interpersonal relationships.</li> <li>A strong support network can enhance the member's well-being and his/her ability to live in the community.</li> </ul>
Definition:	<ul> <li>Activity level means that the member went out of the house or building.</li> <li>The member went outdoors regardless of how long.</li> <li>This can include going into the yard, standing on an open porch or walking down the street.</li> </ul>

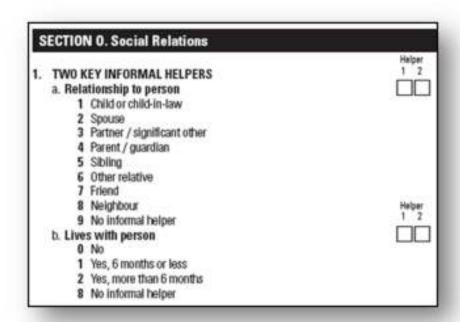


# Section [O]: Social relations — CMH (cont.)

Process and coding:

In order to report key informal helpers, code columns one and two. For example:

- Helper [1 = 2] for spouse
- Helper [2 = 5] for sibling





# Section [O]: Social relations — CMH (cont.)

## Purpose and coding:

Explore to see if the member believes his/her relationship with immediate family is disturbed or dysfunctional.

- Interview the member and family separately.
- Ask about communication with [one] another (do they talk about ordinary daily events, household chores, the children, etc.).
- Identify to what extent the member feels family relationships are based on mutual respect, affection and caring.

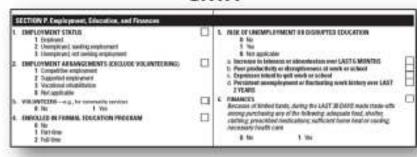


# Section [P]: Employment, education and finances

#### Intent:

A member's well-being, self-esteem and ability to function effectively may be influenced by having meaningful employment, being involved in education, having an adequate income and volunteering.

#### CMH



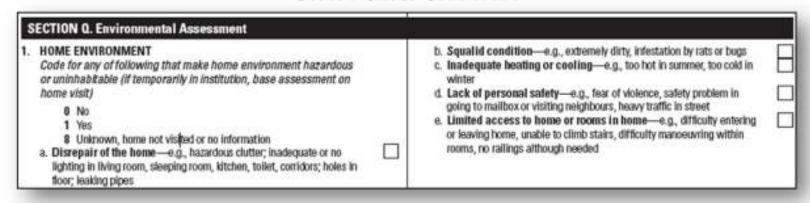
#### **CHYMH**

SECTION R. Education	- 10		
CHROLITE IN FORMAL EDUCATION PROGRAM     New contest     No. but positionly wrother     Yes, but have     Yes, but have	0	S. STRONG, PERSESTENT DISCAMBRACTION WITH SCHOOL 0 No. 2 Parent / prince; cargive only 1 O'not, youth only 2 solo 6. CORREST DISCAMBLE DISCAMBBLE DISCAMBLE DISCAMBBE DISCAMBBE DISCAMBLE DISCAMBLE DISCAMBLE DISCAMBLE DISCAMBBE DISCAMBLE DISCAMBBE	
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## Section [Q]: Environmental assessment

#### CMH and ChYMH





#### Section [R]: Diagnostic information

#### Intent:

SECTION S. Diagnostic Information DISM BY PROVISIONAL DIAGNOSTIC CATEGORY Mentily of provisional extegories of DSM-N diagnoses dyterrened. by the psychiatrist or alterning physician and rank their importasice as factors contributing to this admission (if ne proximional diagnosis available, code all boxes "V"? 1 Most important 2 Second root Ingertieft 3. Third most important & Liess Important 8 No provisional-diagnosis is. Disperdens of childhood or adolescency b. Delirtum, demostic, and assertic and other cognitive disorders: c. Mestal disorders due to general medical conditions d. Substance-related depeters a. Schizophrents and other psychotic disorders 1. Mood disparkers g. Analyty directors h. Sematolorer disorders i. Enclitions disorders. Dissociative disorders s. Seepol and gender identity disorders i. Eutling dinardors rs. Steep disorders n. Expedite-control disorders not attenuate extensified o. Adjustment disorders p. Personality dispeden

For the DSM-IV provisional diagnostic category, the intent is to provide up to [four] provisional diagnoses (or actual diagnoses if available at the time of the assessment) as determined by a psychiatrist or attending physician/mental health therapist and rank their importance as factors contributing to this admission.



## Section [R]: Diagnostic information (cont.)

#### Definitions:

- For *CMH*, intellectual disability information can be found on page [153] of the *CMH User's Manual*.
- For the *Medical diagnoses* field:
  - Primary diagnosis(es) for current stay = the main diagnosis(es) used to support and justify services.
  - Diagnosis present, receiving active treatment = treatment including medications, therapy or other skilled interventions such as wound care or suctioning.
  - Diagnosis present, monitored but no active treatment = diagnosis is being monitored (e.g., laboratory tests or vital signs) but active treatment is not being provided.



## Section [R]: Diagnostic information (cont.)

## Process and coding:

- Diagnostic information should be coded using ICD-10.
- For the psychiatric diagnoses field, document the specific psychiatric diagnoses as determined by the psychiatrist/mental health therapist.
  - This must be completed on discharge but can be completed earlier if a psychiatric diagnosis has already been determined.
- Diagnosis(es) must be documented in the member's health record.



# Section [R]: Diagnostic information (cont.)

#### CMH

#### MEDICAL DIAGNOSES Disease Code Not present. 1 Primary diagnosis / diagnoses for current stay 2 Diagnosis present, receiving active treatment Diagnosis present, monitored but no active treatment. a. Asthma b. Diabetes mellitus c. Hypothyroidism d. Migraine e. Traumatic brain injury ICD-10 code Disease Other Medical Diagnoses Code [Example — Canada] [Note: Add additional lines as necessary for other disease diagnoses]

#### **CHYMH**

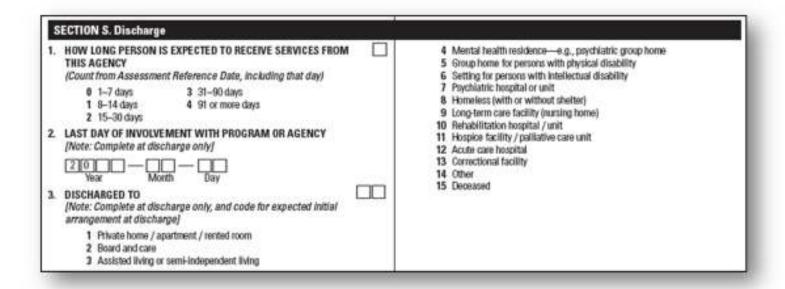
MEDICAL DIAGNOSES  0 Not present 1 Primary diagnosis / diagnoses for current stay 2 Diagnosis present, receiving active treatment 3 Diagnosis present, monitored but no active treatment					
a. Asthma     b. Diabetes mellitus     c. Epilepsy or seizure disord     d. Fetal alcohol effects / synd     e. Migraine     f. Traumatic brain injury					
g. Severe (anaphylactic) alle	ngy — EXCLUC Disease Code	ICD-10 Code			
	Disease	경기가 하다 있는 것이 없는데 없는데 없는데 없는데 없는데 없다.			



#### Section [S]: Discharge

## Process and coding:

Questions [2] and [3] are specific to discharge from the program (*Habilitation* or *Children's Mental Health Waiver*).





### Person-Centered Care Plan-Section 3A

#### Section 3: Risk Factors and Emergency Plan

3A Risk Factors				
interRAI assessment sections	Identified risk factors	Measures in place to minimize, including back-up plans and strategies when needed		
Mental Health	Click here to enter text.	Click here to enter text.		
Substance Use or Excessive Behaviors	Click here to enter text.	Click here to enter text.		
Harm to Self and Others	Click here to enter text.	Click here to enter text.		
Behavior	Click here to enter text.	Click here to enter text.		
Cognition and Executive Functioning	Click here to enter text.	Click here to enter text.		
Functional Status- Independent activities of daily living (IADL) and Activities of daily living (ADL)	Click here to enter text.	Click here to enter text.		
Communication	Click here to enter text.	Click here to enter text.		
Hearing, Vision, and Motor	Click here to enter text.	Click here to enter text.		
Health Conditions	Click here to enter text.	Click here to enter text.		



# Habilitation Assessment Workgroup Update

Add closer to August



### Questions?



## Open Discussion



## Thank you!

